

C-Major Scale: Contrary Motion Exercises

(Single rhythms and Bi-Rhythmic Textures.)

JimO

1. One-Octave Two Hands, Contrary Motion.

1 2 3 1 2 3 4 5 4 3 2 1 3 2 1

2. Two Octaves, Two Hands, Contrary Motion.

1 2 3 1 2 3 4 1 2 3 1 2 3 4 5 4 3 2 1 3 2 1 4 3 2 1 3 2 1

3. Two octaves with R.H., L.H. Contrary Motion in Quarter-Notes. The Bi-Rhythm here is 2 against 1.

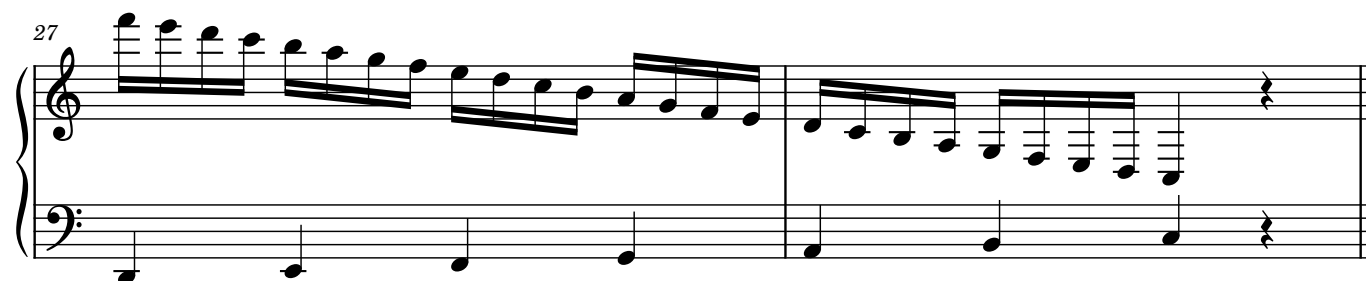
17

4. Now, 3 Octaves in triplets against a steady quarter-note pulse in L.H..

21

24

- 2 **5. Here's the big finale. Sixteenths against quarter-notes.**
This is a long 4 against 1 pattern. Footnote: This was the piano proficiency
standard for college-level music majors.



**(NOTE: Start this exercise at the beginning and work your way.
It's pretty straightforward and uses standard fingering. Proficiency
graduates, or AP for that matter, are expected to play all standard
fingering scales in these formats.)**